

# Market Regime Detection with MMD<sup>2</sup>

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# Kernel Mean Embedding: Definition

Given a kernel  $K$  defined on a topological set  $\mathcal{X}$  with corresponding RKHS  $\mathcal{H}$ , the mean embedding of a *Borel* probability distribution  $\mathbb{P}$  on  $\mathcal{X}$  is the function  $\mu_{\mathbb{P}} : \mathcal{X} \rightarrow \mathbb{R}$  in  $\mathcal{H}$  defined as:

$$\mu_{\mathbb{P}}(y) = \mathbb{E}_{X \sim \mathbb{P}} [K(X, y)]$$

- For any  $x, x' \in \mathcal{X}$ ,

$$K(x, x') = \langle K_x, K_{x'} \rangle_{\mathcal{H}}$$

- The kernel trick: For any  $f \in \mathcal{H}$  and  $x \in \mathcal{X}$ ,

$$K(x, x') = \langle f, K_x \rangle_{\mathcal{H}}$$

- For any Borel measure  $\mathbb{P}$  and  $\mathbb{Q}$ ,

$$\mathbb{E}_{(X, Y) \sim \mathbb{P}, \mathbb{Q}} [K(X, Y)] = \langle \mu_{\mathbb{P}}, \mu_{\mathbb{Q}} \rangle_{\mathcal{H}}$$

- The kernel trick for expectations: For any  $f \in \mathcal{H}$  and Borel measure  $\mathbb{P}$ ,

$$\mathbb{E}_{X \sim \mathbb{P}} [f(X)] = \langle f, \mu_{\mathbb{P}} \rangle_{\mathcal{H}}$$

# Kernel Mean Embedding: Expectation evaluation in an RKHS

- Expectations of all RKHS functions in  $\mathcal{H}$  can be evaluated using the result of the kernel trick.

$$\mathbb{E}_{X \sim \mathbb{P}} [f(X)] = \langle f, \mu_{\mathbb{P}} \rangle_{\mathcal{H}}$$

- The kernel mean embedding:  $\mu_{\mathbb{P}}(y) = \mathbb{E}_{X \sim \mathbb{P}} [K(X, y)]$
- The kernel trick:  $\mathbb{E}_{X \sim \mathbb{P}} [f(X)] = \langle f, \mu_{\mathbb{P}} \rangle_{\mathcal{H}}$  for all  $f \in \mathcal{H}$
- The kernel mean embedding can be estimated using the empirical mean of  $N$  samples from  $\mathbb{P}$ :

$$\hat{\mu}_{\mathbb{P}}(x) = \frac{1}{N} \sum_{i=1}^N K(X_i, x), \quad X_i \stackrel{iid}{\sim} \mathbb{P}$$

# Kernel Mean Embedding: Does it exist?

If  $\mathbb{E}_{X \sim \mathbb{P}} \left[ \sqrt{K(X, X)} \right] < \infty$ , then there exists a unique  $\mu_{\mathbb{P}} \in \mathcal{H}$  such that:

$$\mathbb{E}_{X \sim \mathbb{P}} [f(X)] = \langle f, \mu_{\mathbb{P}} \rangle_{\mathcal{H}}, \quad \forall f \in \mathcal{H}$$

Let  $T_{\mathbb{P}} f = \mathbb{E}_{X \sim \mathbb{P}} [f(X)]$ . By assumption,  $T_{\mathbb{P}} f$  is bounded:

$$\begin{aligned} |T_{\mathbb{P}} f| &= |\mathbb{E}_{X \sim \mathbb{P}} [f(X)]| \\ &\leq \mathbb{E}_{X \sim \mathbb{P}} [|f(X)|] \\ &= \mathbb{E}_{X \sim \mathbb{P}} [|\langle f, K_x \rangle_{\mathcal{H}}|] \\ &\leq \mathbb{E}_{X \sim \mathbb{P}} \left[ \sqrt{K(X, X)} \right] \|f\|_{\mathcal{H}} \end{aligned}$$

By Riez's theorem, there exists  $\mu_{\mathbb{P}} \in \mathcal{H}$  such that  $T_{\mathbb{P}} f = \langle f, \mu_{\mathbb{P}} \rangle_{\mathcal{H}}$ .

- **Compact Representation:** Maps a distribution  $\mathbb{P}$  to a single point  $\mu_{\mathbb{P}}$  in the RKHS.
- **Efficient Computation:** Use the kernel trick to compute in high-dimensional spaces implicitly.
- **Key Characteristics:** The embedding  $\mu_{\mathbb{P}}$  captures the essential features or "fingerprint" of  $\mathbb{P}$ .
- **Comparison Ready:** This sets the stage for comparing distributions (e.g., using MMD).

# What is MMD?

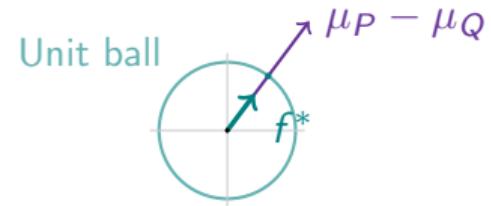
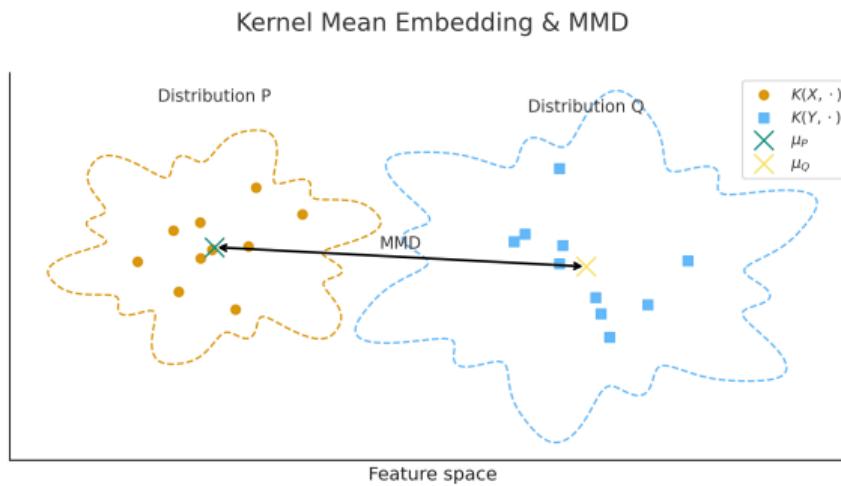
The maximum mean discrepancy (MMD) is the distance between mean embeddings,

$$\begin{aligned} MMD^2 &= \|\mu_{\mathbb{P}} - \mu_{\mathbb{Q}}\|_{\mathcal{H}}^2 \\ &= \langle \mu_{\mathbb{P}} - \mu_{\mathbb{Q}}, \mu_{\mathbb{P}} - \mu_{\mathbb{Q}} \rangle_{\mathcal{H}} \\ &= \langle \mu_{\mathbb{P}}, \mu_{\mathbb{P}} \rangle_{\mathcal{H}} + \langle \mu_{\mathbb{Q}}, \mu_{\mathbb{Q}} \rangle_{\mathcal{H}} - 2\langle \mu_{\mathbb{P}}, \mu_{\mathbb{Q}} \rangle_{\mathcal{H}} \\ &= \underbrace{\mathbb{E}_{X, X' \sim \mathbb{P}} [k(X, X')]}_{(i)} + \underbrace{\mathbb{E}_{Y, Y' \sim \mathbb{Q}} [k(Y, Y')]}_{(i)} - \underbrace{2\mathbb{E}_{X \sim \mathbb{P}, Y \sim \mathbb{Q}} [k(X, Y)]}_{(ii)} \end{aligned}$$

- (i) within-distribution similarity
- (ii) between-distribution similarity

- **Fingerprint Distance:** MMD measures the distance between the “fingerprints” (kernel mean embeddings) of two distributions.
- **Interpreting MMD:** A small MMD implies that the distributions are similar, a large MMD implies they are not.
- **Witness Function:**  $f^* = \frac{\mu_P - \mu_Q}{\|\mu_P - \mu_Q\|}$  is the direction that maximally distinguishes  $P$  from  $Q$
- **Nonlinear Comparison:** The kernel trick allows MMD to capture complex, nonlinear differences.
- **Characteristic Kernels:** With a characteristic kernel, MMD is zero if and only if the distributions are identical.
  - Exponential, Gaussian, and others that can be proven to be characteristic if the mapping is injective.

# Visual Representation of MMD



$$f^* = \frac{\mu_P - \mu_Q}{\|\mu_P - \mu_Q\|}$$

$f^*$  maximally  
distinguishes  $P$  from  
 $Q$

## Estimating MMD

Given samples  $\{X_1, \dots, X_n\} \sim \mathbb{P}$  and  $\{Y_1, \dots, Y_m\} \sim \mathbb{Q}$ , the empirical MMD is:

$$\begin{aligned}\widehat{MMD^2}(\mathbb{P}, \mathbb{Q}) &= \frac{1}{n^2} \sum_{i,j} k(X_i, X_j) + \frac{1}{m^2} \sum_{i,j} k(Y_i, Y_j) - \frac{2}{nm} \sum_{i,j} k(X_i, Y_j) \\ &= \frac{1}{n^2} \sum_{i,j} k(X_i, X_j) + \frac{1}{m^2} \sum_{i,j} k(Y_i, Y_j) - \frac{2}{nm} \sum_{i,j} k(X_i, Y_j)\end{aligned}$$

The empirical MMD is a biased estimator of the true MMD. The bias can be corrected by using the unbiased estimator:

$$\widehat{MMD^2}(\mathbb{P}, \mathbb{Q}) = \frac{1}{n(n-1)} \sum_{i \neq j} k(X_i, X_j) + \frac{1}{m(m-1)} \sum_{i \neq j} k(Y_i, Y_j) - \frac{2}{nm} \sum_{i,j} k(X_i, Y_j)$$

## Two-sample testing:

- Test whether two samples come from the same distribution
- MMD as test statistic + permutation test for significance

## Generative models:

- Evaluate quality of generated samples
- MMD as training loss (MMD-GANs)

**This project:** Sliding-window two-sample tests for regime detection

# Motivation: Why Detect Regime Changes?

- Financial markets exhibit **non-stationary behavior**
- Periods of qualitatively different dynamics: bull markets, crashes, recovery
- Traditional approaches assume parametric models (e.g., HMM with Gaussian emissions)

## Kernel methods approach:

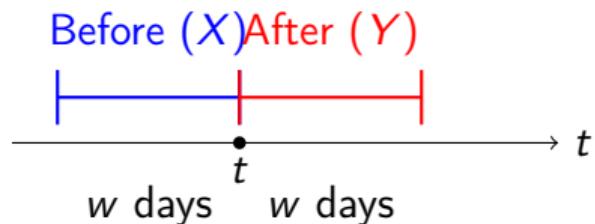
- Compare full distributions before and after each time point
- Detect changes *without specifying* what form they take
- Nonparametric: let the data speak

# Sliding Window MMD

At each candidate change point  $t$ :

- ① Extract **before** window:  $X = \{x_{t-w}, \dots, x_{t-1}\}$
- ② Extract **after** window:  $Y = \{x_t, \dots, x_{t+w-1}\}$
- ③ Compute  $\widehat{\text{MMD}}^2(X, Y)$
- ④ Test significance via permutation test

Significant MMD  $\Rightarrow$  distributional shift at time  $t$



Slide window by step size  $s$   
Repeat for all  $t$

# Permutation Test for Significance

Under  $H_0$ : distributions before and after are identical ( $P = Q$ )

**Procedure:**

- ① Pool samples:  $Z = X \cup Y$
- ② For  $b = 1, \dots, B$ :
  - Randomly permute  $Z$
  - Split into pseudo-samples  $X'$ ,  $Y'$
  - Compute  $\widehat{\text{MMD}}_b^2(X', Y')$
- ③ Compute p-value:  $\hat{p} = \frac{1}{B} \sum_{b=1}^B \mathbf{1} \left[ \widehat{\text{MMD}}_b^2 \geq \widehat{\text{MMD}}_{\text{obs}}^2 \right]$

**Alternative metric:** Standard deviations from null mean

$$z = \frac{\widehat{\text{MMD}}_{\text{obs}}^2 - \bar{\mu}_{\text{null}}}{\hat{\sigma}_{\text{null}}}$$

More informative when p-values cluster near zero.

# Feature Representation

**Input:** Daily OHLCV data for SPY (S&P 500 ETF), 2020–2024

**Features per day:**

- Log prices:  $\log(\text{Open}), \log(\text{High}), \log(\text{Low}), \log(\text{Close})$
- Log volume:  $\log(\text{Volume})$

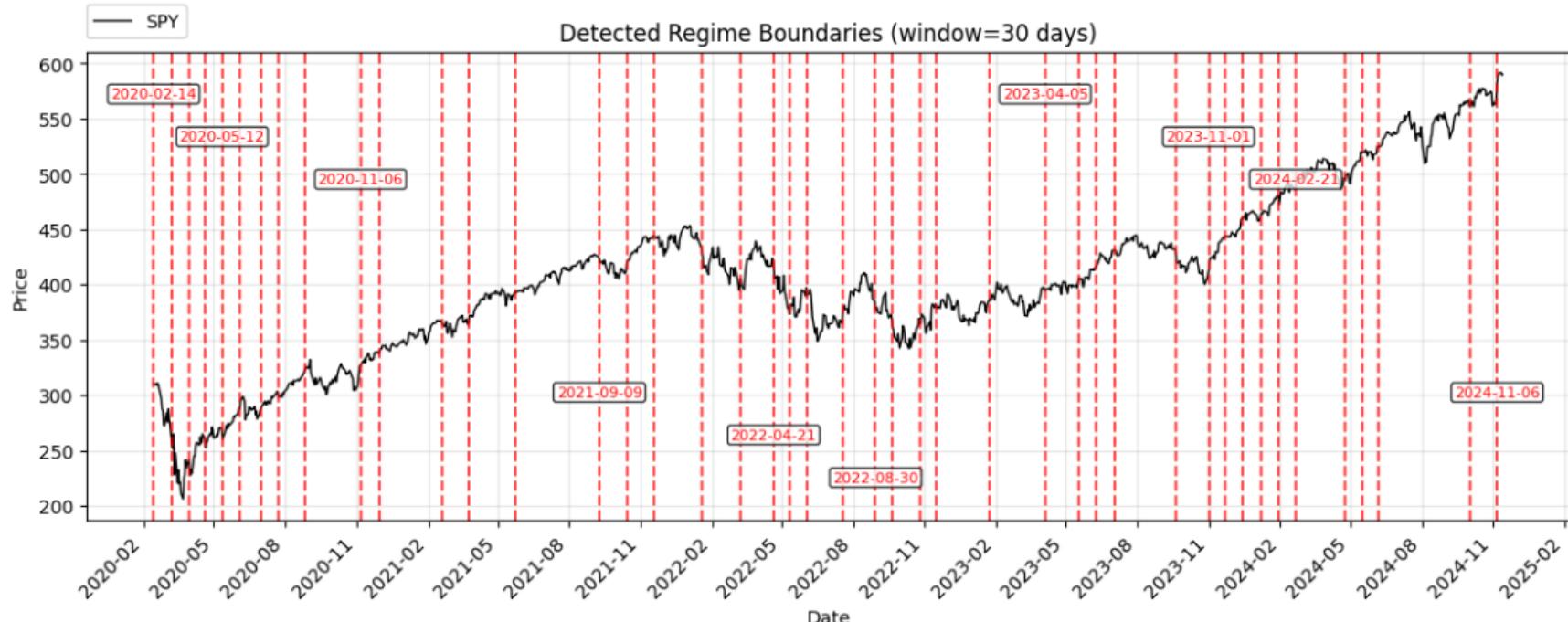
**Preprocessing:**

- Standardize each feature (zero mean, unit variance)
- Prevents high-magnitude features (e.g., volume) from dominating kernel distances

**Kernel:** RBF with median heuristic bandwidth

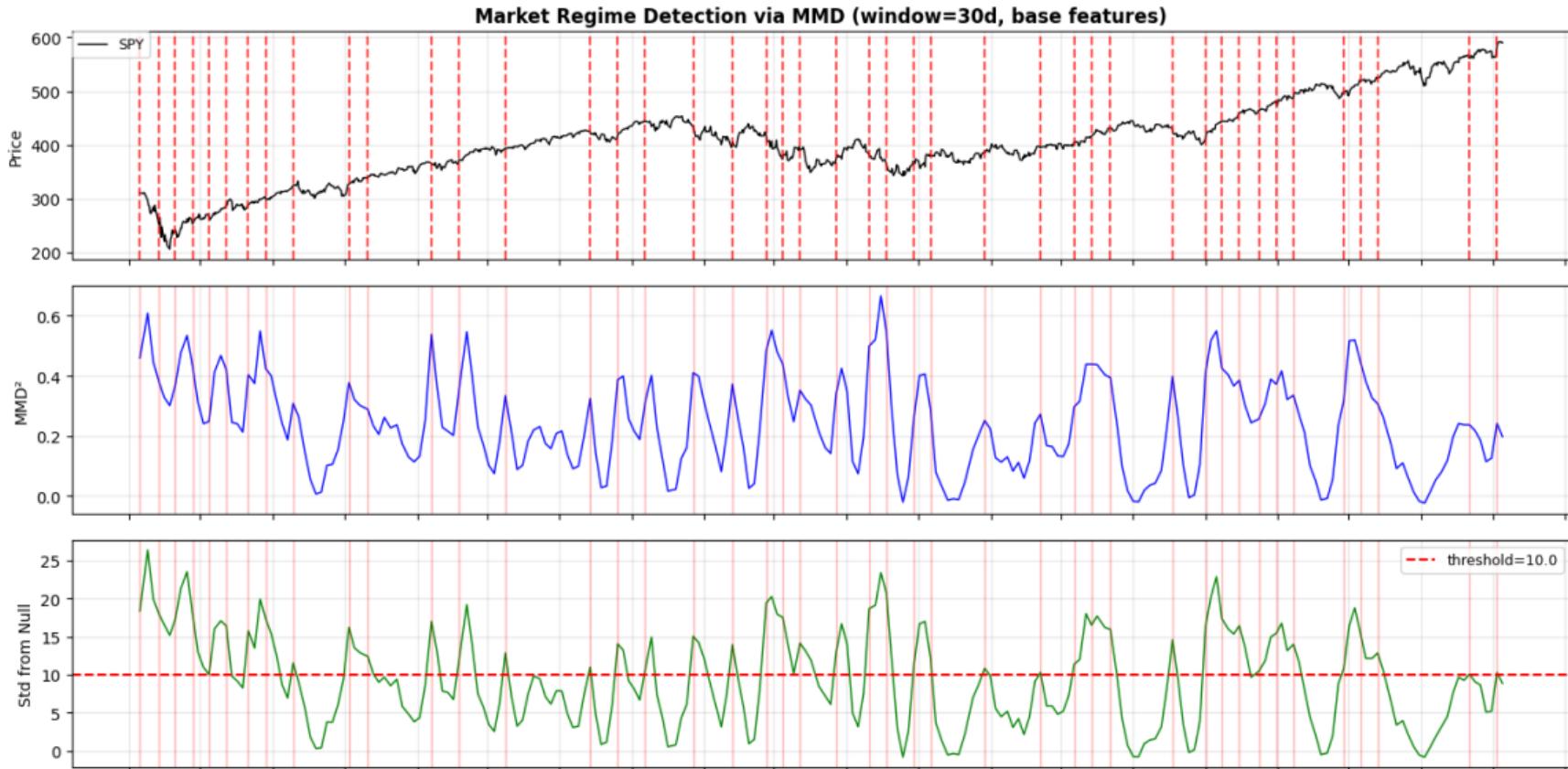
$$k(x, y) = \exp(-\gamma \|x - y\|^2), \quad \gamma = \frac{1}{2\sigma^2}, \quad \sigma = \text{median}(|X - \text{median}(X)|)$$

# Detected Regime Boundaries



Window = 30 days, Step = 5 days, Threshold = 10 std from null

# MMD Statistic Over Time



# Validation Against Known Events

Detected Boundary	Market Event
Feb 2020	COVID-19 crash onset
Mar–Apr 2020	Fed intervention / recovery begins
Jan 2022	Start of 2022 bear market
Jun 2022	Mid-2022 volatility spike
Oct 2022	2022 market bottom
Oct–Nov 2023	Bull market acceleration

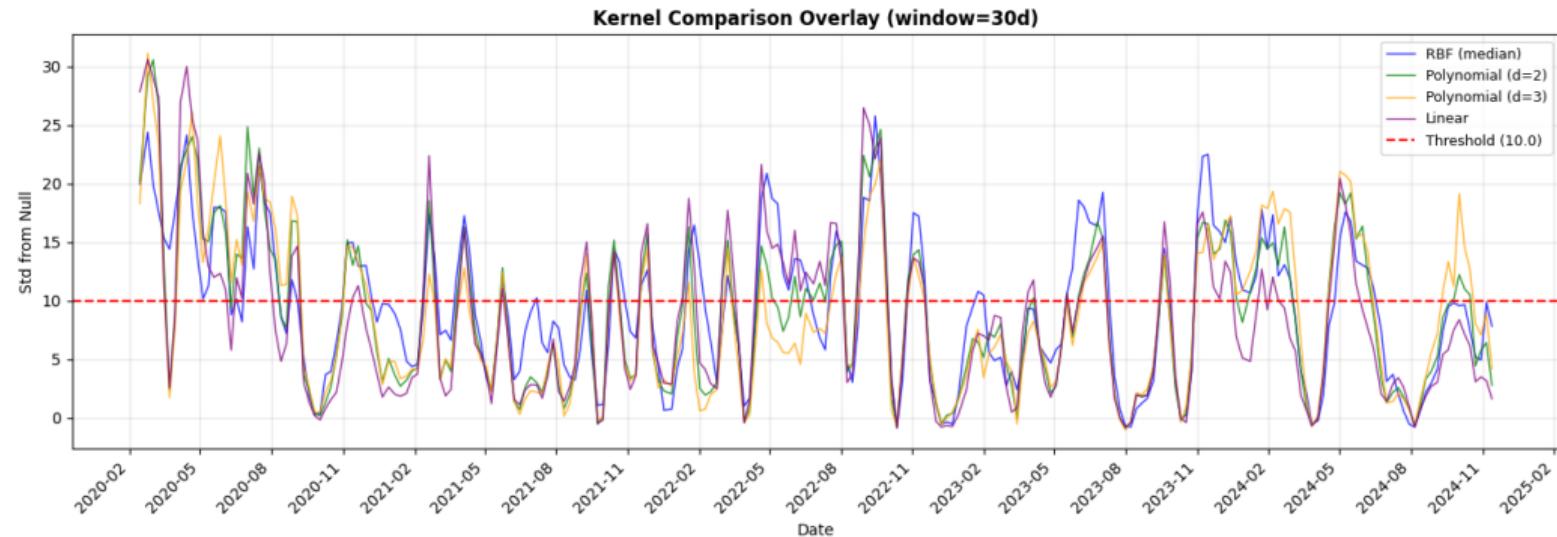
Detected boundaries correspond to **genuine market events**,  
not spurious statistical artifacts.

# The Three Knobs

Parameter	Affects	Recommendation
Kernel	What differences are captured	RBF + median heuristic
Window size	Statistical power	30–60 days
Step size	Resolution, smoothing, runtime	5 days

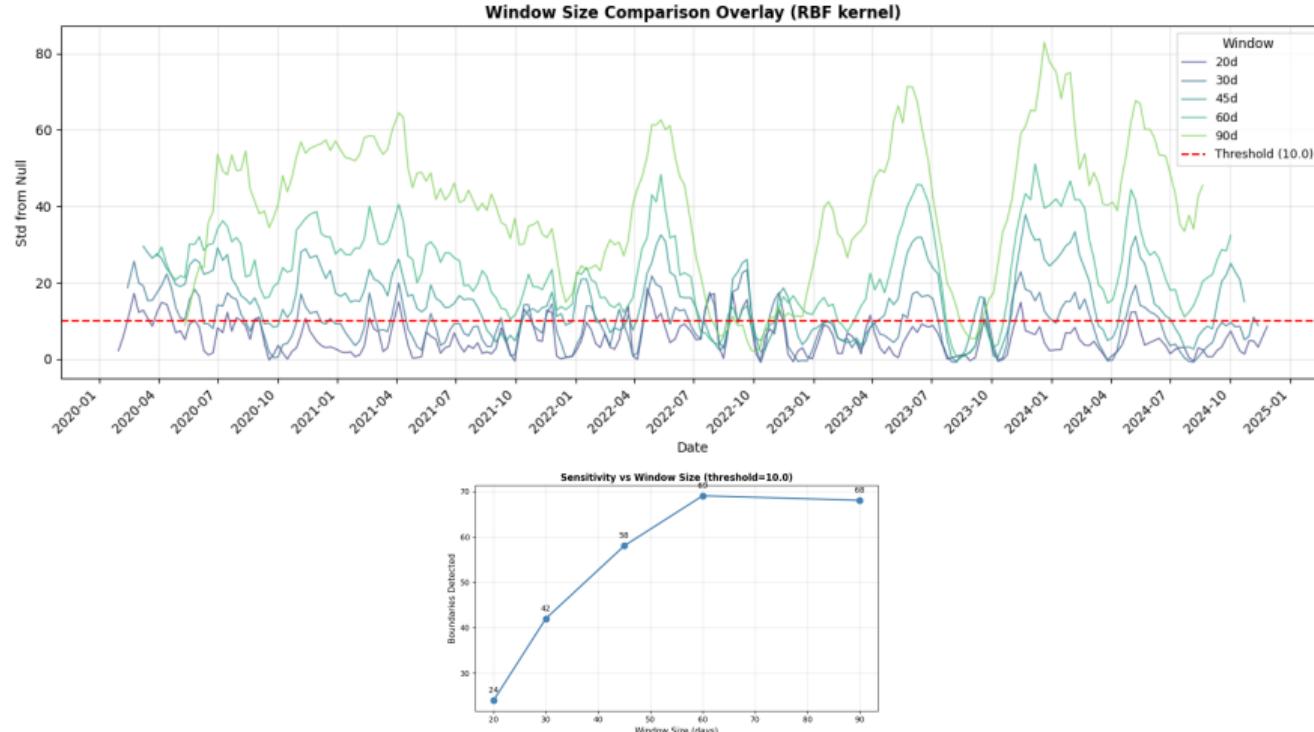
- **Kernel choice:** All kernels detect major events (COVID crash)
- **Window size:** Larger windows  $\Rightarrow$  more statistical power  $\Rightarrow$  more detections
- **Step size:** Larger steps  $\Rightarrow$  implicit smoothing  $\Rightarrow$  fewer detections, faster

# Kernel Comparison



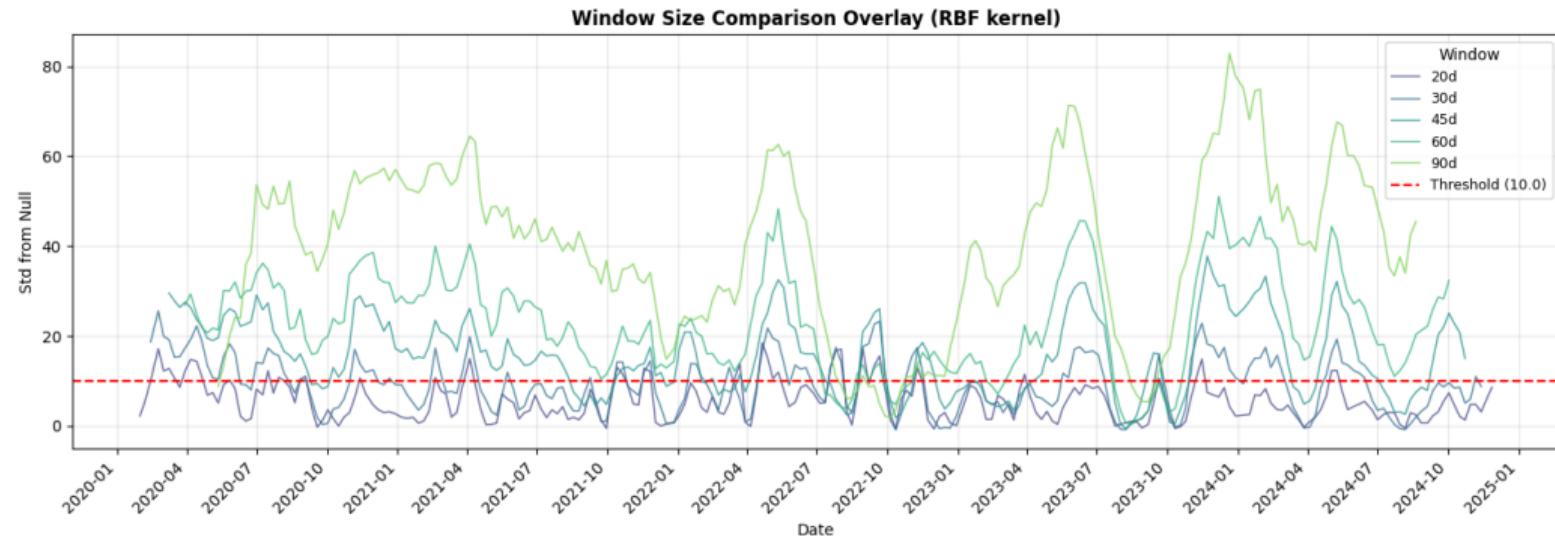
RBF, Polynomial (d=2, d=3), Linear — all detect COVID crash

# Window Size Effect



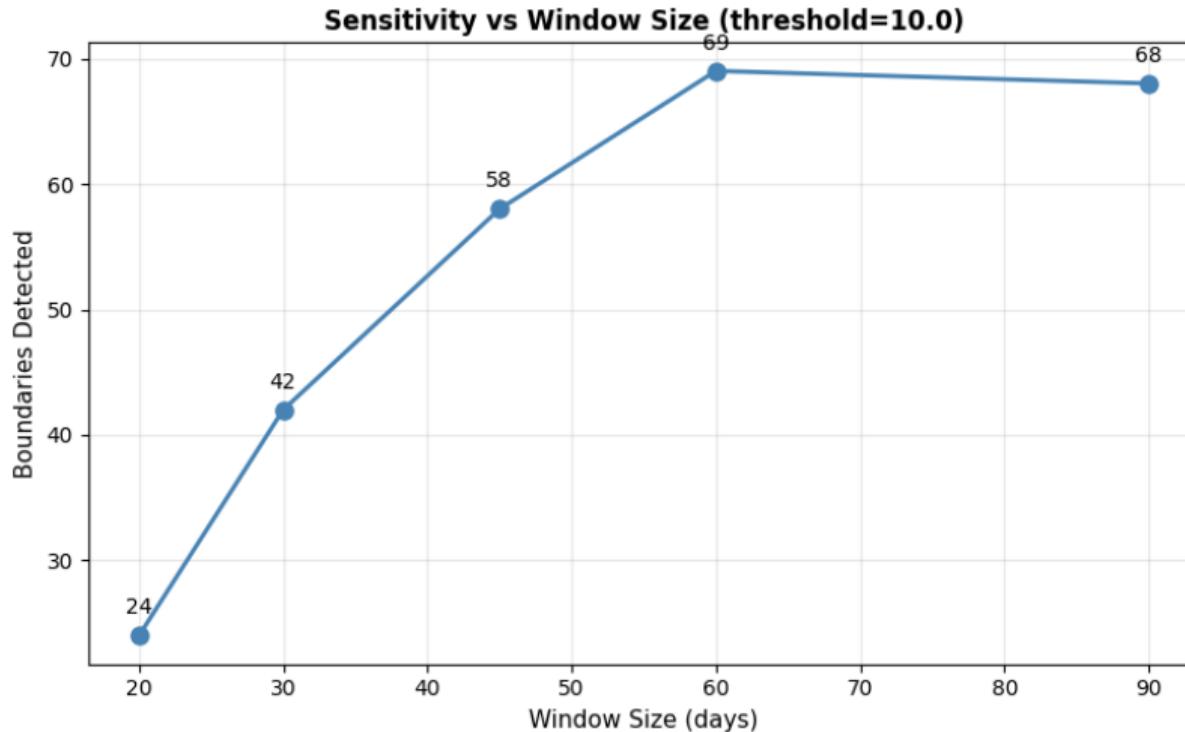
Larger windows have more statistical power (tighter null distribution)

# Window Size Effect



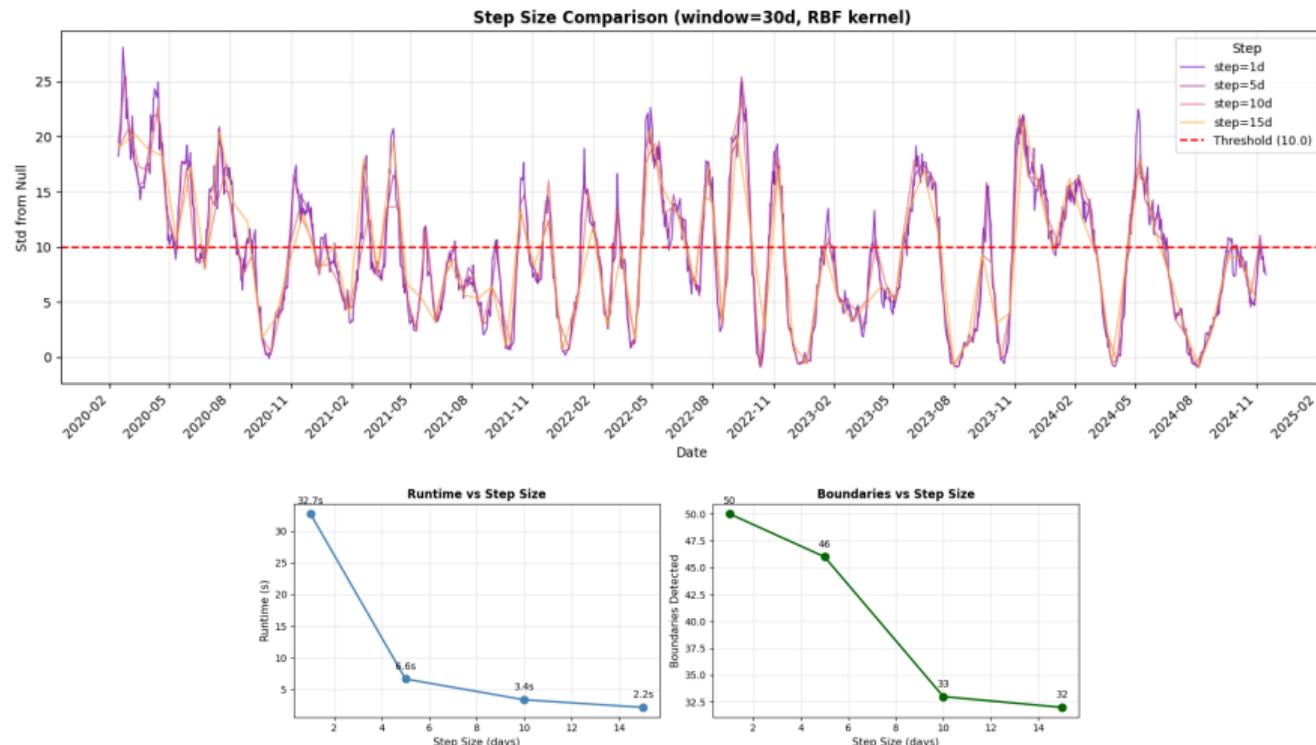
Larger windows have more statistical power (tighter null distribution)

# Window Size Effect



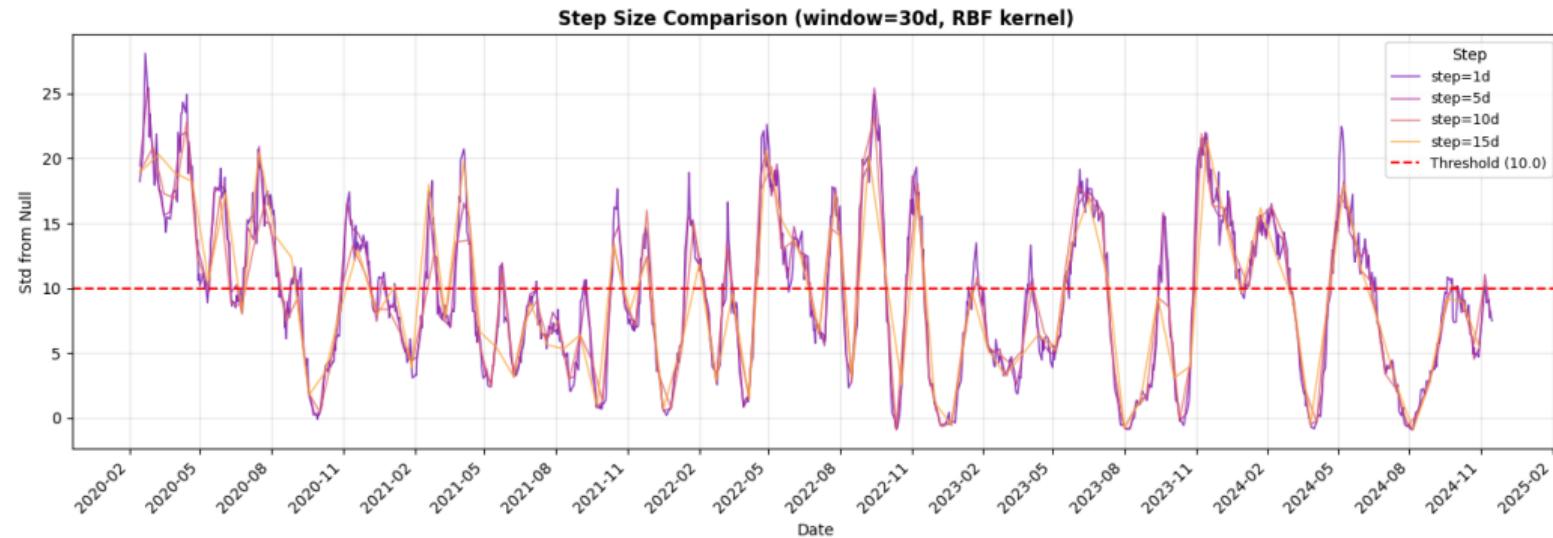
Larger windows have more statistical power (tighter null distribution)

# Step Size Effect



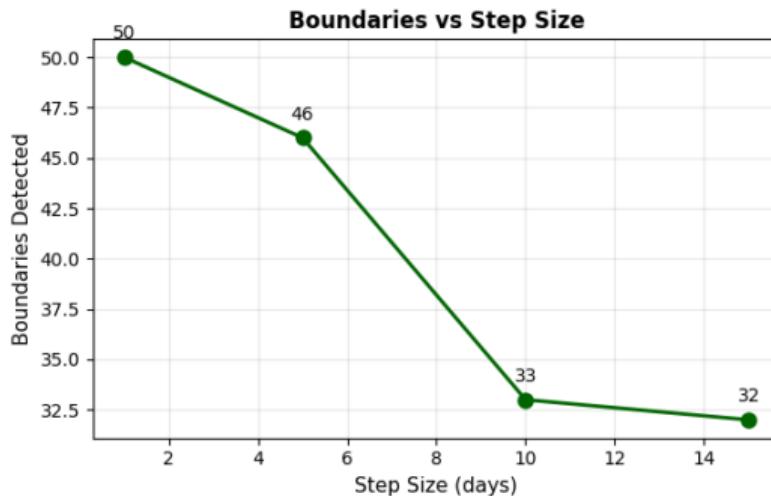
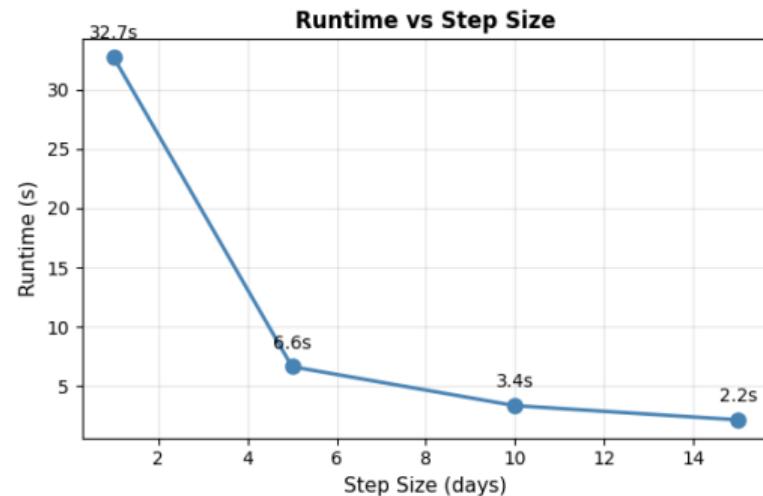
Step size is a runtime vs. resolution trade-off (also reduces noise)

# Step Size Effect



Step size is a runtime vs. resolution trade-off (also reduces noise)

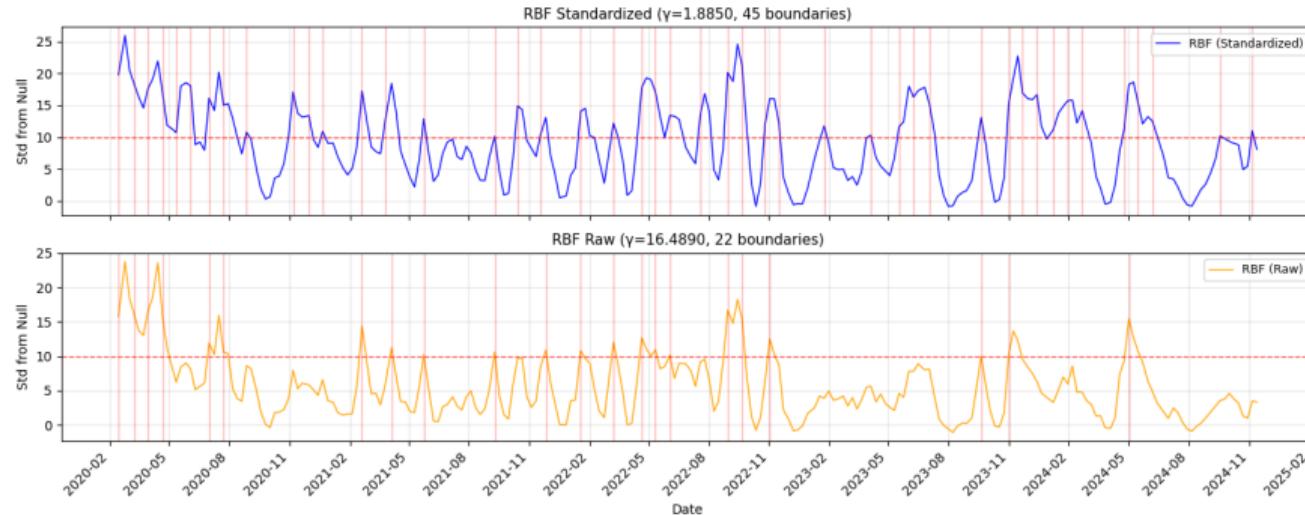
# Step Size Effect



Step size is a runtime vs. resolution trade-off (also reduces noise)

# Effect of Feature Standardization

Effect of Feature Standardization on Regime Detection



- Without standardization: volume ( $\sim 18-20$ ) dominates price features ( $\sim 5-6$ )
- With standardization: all features contribute equally
- Recommendation:** Always standardize for multi-feature inputs

## Future Work: Which Features Matter?

Once regimes are detected, which features **discriminate** them?

**Kernel-Target Alignment (KTA):**

$$\text{KTA}(K, Y) = \frac{\langle K, YY^\top \rangle_F}{\|K\|_F \cdot \|YY^\top\|_F}$$

- Measures how well kernel matrix aligns with regime labels
- Optimize **ARD kernel** bandwidths via gradient ascent on KTA:

$$k(x, y) = \exp \left( - \sum_{d=1}^D \frac{(x_d - y_d)^2}{2\sigma_d^2} \right)$$

- Features with small  $\sigma_d$  are most discriminative

**Goal:** Identify whether volatility, momentum, or price structure best characterizes detected regimes.

**Question:** Do predictive relationships change across regimes?

**Approach:**

- ① Fit global model: Kernel Ridge Regression on all data
- ② Fit regime-specific models: Separate KRR per detected regime
- ③ Compare prediction error on held-out data

**If regime-specific models outperform:**

- Evidence that predictive structure genuinely differs across regimes
- Motivation for adaptive/switching models in practice

## MMD for Regime Detection:

- Nonparametric: detects distributional shifts without specifying the form
- Validated: detected boundaries correspond to known market events
- Tunable: window size, step size, threshold control sensitivity

## Key Findings:

- All kernels detect major events (robustness)
- Larger windows  $\Rightarrow$  more statistical power
- Feature standardization is essential

**Code:** [github.com/whitham-powell/mmd-regime-change](https://github.com/whitham-powell/mmd-regime-change)

# References |

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-  Harchaoui, Z. & Cappé, O. (2007). *Retrospective Multiple Change-Point Estimation with Kernels*. IEEE Workshop on Statistical Signal Processing.

Questions?

**Code:** [github.com/whitham-powell/mmd-regime-change](https://github.com/whitham-powell/mmd-regime-change)